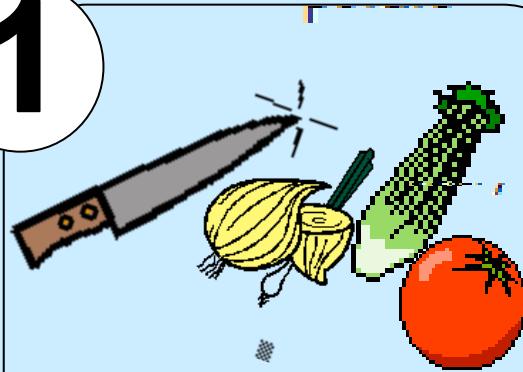


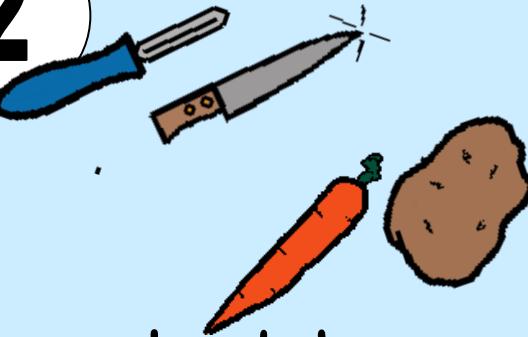
vegetable and bean soup

1



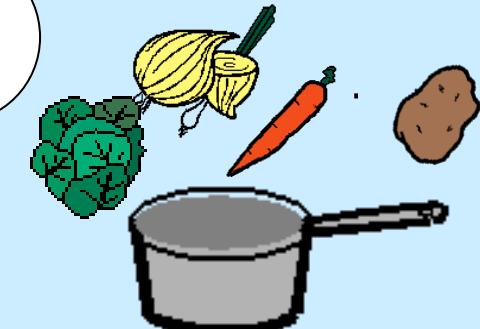
chop onion and vegetables

2



peel and chop veg

3

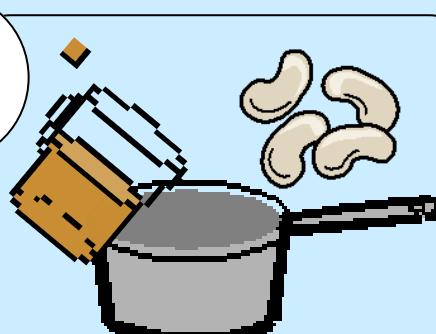


fry veg in oil



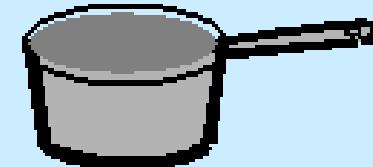
10 mins

4



add stock and beans

5



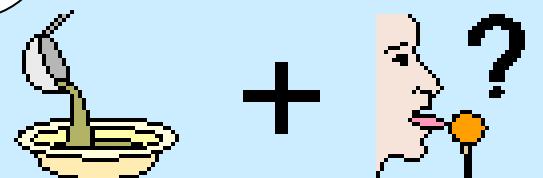
cook gently



Objective-

To be able to follow a symbol recipe independently or with decreasing support
To be able to adapt a dish to suit personal tastes

6



serve and taste